

when babies were pumped out with not much trouble at all - compared to now - and if they weren't, you didn't know about it.

He was born in a baby boom. So he probably won't comprehend the fact that you can't have children. He also can't understand things like adoption. Back in the 1950s or 1960s, adoption was so much easier than it is now. Your father could have had his choice of babies, compared to what our generation must go through to adopt. Another thing to remember is our parents grew up as birth control was being launched. They grew up with the education that if you didn't want kids, you took this new thing called 'the pill' and if you did want kids, you stopped taking it.

### *Perception*

Father-and-son relationships traditionally have been about training and role models. Although the days are fading where the son was the apprentice to the father and took over the family trade, your dad is still possibly your greatest male role model in life - how a man acts and deals with life.

If you're struggling to have a family, you may be feeling that you've let your father down and that perhaps he views you differently than he did before. You may think that he views you as less of a 'man'.

He may also be feeling that he's let you down - that something in him has been unable to pass on the ability to father and raise children. He may actually feel like a failure himself.

### ***The struggle highlights the disconnection, it doesn't have to drive a wedge between you***

The struggle to conceive rarely drives a wedge between people, it's more likely to highlight a disconnection that is already there.

For example, it may not create a situation between yourself and your father where you cannot talk about your struggle to conceive, but it may highlight that you don't talk much with him anyway. It may not make him insensitive because of what he says, it just highlights his lack of knowledge on the subject or a lack of understanding of how to relate to people going through a hard time.

That's okay if it isn't causing problems, but just points out existing ones you can do something about it. But what can you do?