

# Trying for a family

Do you want to have a family, or is now the time you want to add another child to the fold? If you do, this is how a lot of people think you go about trying for a family:

You and you partner 'start trying' to conceive. You enjoy the sex, fall pregnant, the woman starts glowing, you paint the nursery, have the baby, the man smokes a cigar, the sun sets on your white picket fence and you live happily ever after.

Sure, that would be the ideal way for it to happen and it may be the way you've always thought it would happen. And it can happen for some people like that. But what if it doesn't? What if you have trouble conceiving? What if you start panicking because she's not pregnant when she thought she would be? What if it becomes harder than you've imagined and starts to cause heartache and stress on you, her and your relationship? What if you start to wonder if it will ever happen?

What if your attempts to have a baby went like this ....

## *The opening stanza – The Age of Innocence*

'Honey, let's talk. I think I want to have a baby.'

It's the conversation that a man may have been dreading. If you're not prepared, your blood runs cold as your life - past and future - flashes before your eyes.

However, if you have been thinking the same too, you're thrilled. It may be the right time after family planning discussions. It could be the first child. It could be the fourth.

Regardless, at least you'll be getting more sex.

So you do what everybody does and take the first step. You 'start trying' to conceive. Your birth control precautions are tossed out of the door and you wait for nature to take its course. Your partner has an idea of when the 'right time' to conceive is and then you consummate your brains out. You have a spring in your step and a glint in your eye as her libido kicks into another gear. It hasn't been like this since the honeymoon. This is the Age of Innocence. Life is good.